

What is claimed is:

1. A toilet mat comprising matting, the matting comprising disposable, absorbent material, for being placed in proximity to a base of the toilet.
- 5 2. The mat according to claim 1, further comprising a cut-away region along one side for abutting the toilet base, wherein the cut-away region comprises an adhesive collar for adhering the periphery of the cut-away region to the toilet base for creating a seal therebetween, and preventing the mat from slipping.
- 10 3. The mat according to claim 1, wherein the absorbent matting comprises a wetness indicator for exhibiting a detectable indication in response to being contacted with moisture.
- 15 4. The mat according to claim 3, wherein the wetness indicator provides the person with an indication of urine spills associated with urinating in a toilet.
5. The mat according to claim 1, wherein the matting comprises indicia for communicating to a user.
- 20 6. The mat according to claim 5, wherein the indicia comprise footprint-shaped indicia for encouraging a person to stand on during urination.
7. The mat according to claim 5, wherein the indicia comprise a luminous material for visually enhancing the indicia.
- 25 8. The mat according to claim 7, wherein the luminous material comprises a phosphorescent material.

9. The mat according to claim 1, wherein the absorbent matting comprises a plurality of layers.

5 10. The mat according to claim 2, wherein the cut-away region is shaped to conform to a periphery of the toilet to which it abuts.

11. The mat according to claim 1, wherein at least a portion of the matting is treated with a substance that undergoes a color change upon hydration, the color change forming the detectable indication.

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12. The mat according to claim 1, wherein the detectable indication comprises a change in color.

13. The mat according to claim 1, wherein the toilet comprises at least one of the group consisting of a toilet unit, a urinal, and a potty.

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14. The mat according to claim 1, wherein the matting comprises a shape complementary to an intended area of coverage.

20 15. A toilet mat comprising matting formed of disposable, absorbent material, the absorbent matting comprising an indicator for exhibiting a detectable indication of a soiled condition.

25 16. The mat according to claim 15, wherein the absorbent matting comprises a cut-away region along one side for abutting to a toilet base, the cut-away region having an adhesive collar for adhering the periphery of the cut-away region to the toilet base for creating a seal therebetween, and preventing the matting from slipping.

17. A method for maintaining the hygiene of a floor area surrounding a toilet base, the method comprising the steps of:

- (a) placing a disposable, liquid-absorbent matting, having a wetness indicator, in proximity to the toilet base, wherein the absorbent matting absorbs liquid spills and the absorption of liquid activates the wetness indicator;
- (b) detecting a liquid spill on the absorbent matting by observing the wetness indicator in an activated state; and
- (c) replacing the absorbent matting with an unused absorbent matting after the spill has been detected.

18. The method according to claim 17, wherein the wetness indicator, when activated is visually discernable,

19. The method according to claim 18, wherein visually discernable comprises a change in color.

20. The method according to claim 19, wherein the change in color comprises a change to a color having an intensity that varies directly with the volume of liquid contacting the matting.

21. The method according to claim 17, wherein the wetness indicator, when activated, comprises an olfactory indication.

22. The method according to claim 17, further comprising the step of providing indicia on the disposable liquid absorbent matting.

23. The method according to claim 22, wherein the indicia comprise footprint shaped indicia on the disposable, liquid-absorbent matting.

**24.** The method according to claim 22, wherein standing on the indicia during urination facilitates use of the toilet.

**25.** The method according to claim 23, wherein the foot print shaped indicia  
5 comprise a visually enhanced effect for encouraging the user to stand on the foot print shaped indicia.

**26.** The method according to claim 25, wherein the visually enhanced effect  
10 comprises a fluorescent material.

**27.** The method according to claim 25, wherein the visually enhanced effect  
15 comprises a phosphorescent material.

**28.** The method according to claim 17, wherein the toilet comprises at least one  
of the group consisting of a toilet unit, a urinal, and a potty.

**29.** The method according to claim 17, wherein the liquid-absorbent matting  
20 comprises a shape complementary to the intended area of coverage.